

# **Infinity B.O.L.D. Elites**

Recruiting girls ages 15-21: June 24 – July 15

www.womenenuff.org

Our new programming for the Infinity B.O.L.D. Elites will be split into (4) 4-week sessions working on each participant from the inside out. We want to ensure that every participant is encouraged and dealing with the internal confidence first before setting the stage for expressing that confidence through dance and cheer!

#### I. F.L.Y. – First Love Yourself

Week 1: June 25, 2019 – Who are WE? Who am I? Team and Individual Vision Boards

Week 2: July 2, 2019 – Team Etiquette / Respect

Week 3: July 9, 2019 - Digging Deep / Journaling / One on One Mentoring

Week 4: July 16, 2019 – 2-5 Minute Presentations On Being F.L.Y.

### **II.** Togetherness / Volunteering

Week 5: July 26, 2019 – Women Enuff, Inc's 10-Year Anniversary

Week 6: July 30, 2019 – Dealing With Struggle / PADS Experience

Week 7: August 10, 2019 - Adolescent Girls Mentoring

Week 8: August 17, 2019 – Feed Our Starving Children

### **III.** Expression / Choreography

#### **August 27 – September 17, 2019**

Every Tuesday & Thursday at 6:00 PM

Practice location: TBD

#### **IV. Performance**

#### September 28 – October 19, 2019

Performance list will be provided by week 6. All performances will be held on Saturdays or Sundays. Final performance will be at Women Enuff, Inc's 4<sup>th</sup> Annual Unmask The Violence Masquerade on October 19, 2019.



The schedule is subject to change. We will also be incorporating our Elite Teen Talk (ET<sup>2</sup>) into the curriculum so that we can help other teens and parents/guardians of teens with tough topics such as teenage pregnancy, peer pressure, suicide/cutting, teen violence and more. We are not in any way, shape or form portraying to be a group of therapists; however, we actively utilize this platform to allow our teens to be honest and unbiased about real situations in hopes of helping someone else.

## **Mission Statement**

The Infinity B.O.L.D. Elites is NOT a competition dance/cheer team... We are a team of dancers and cheerers who inspire one another to be the best version of themselves! We do not judge our sisters. We encourage them and uplift them. We will not gossip and entertain negativity, instead we will communicate our concerns and discuss solutions as the queens of whom raised us would expect and whom we strive to be more like. Finally, we will be B.O.L.D. in all that we do by Becoming One Living Disciple in our everyday walk, knowing that this does not mean we will be perfect, but it does mean that we will be better tomorrow than we were today. We will not be ashamed to ask for help, walk away from situations that do not identify us appropriately and love one another as sisters!

We are the Infinity B.O.L.D. Elites!!!

